

ADULT & TEEN CLASS SCHEDULE

Effective January 1st 2022

CLASS	DAYS	TIME	ROOM
Open Class Adult & Teen all Ranks	Saturday	10:00 am – Noon	Dojo 2
Beginner / Inter. Karate No Belt to Green	Tue. & Thu.	6:00 –7:00 pm	Dojo 1
Inter. / Advanced Karate Blue to Black	Tue. & Thu.	7:00 – 7:45 pm	Dojo 1
Beginner Women’s Karate	Mon.	6:00 – 6:45 pm	Dojo 2
Formal Advanced Class Blue to Black	Monday	7:00 – 8:00 pm	Dojo 1

BLACK BELT CLUB * INSTRUCTORS CLUB** WEAPONS S.W.A.T. TEAM & LEADERSHIP TEACHING CLASSES

Iado / Kendo Class Shodan in Kobudo	1st Mon. of the Month	7:00 – 8:00 pm	Dojo 1
**Shodan & Above Class	3rd Mon. of the Month	8:00 – 9:00 pm	Dojo 1
*B. B. C. & Leadership Class	1st Tue	7:30 – 8:00 pm	Dojo 1
**Black Belt Weapons Kobudo Shodan and above	1st Thu. of the Month	7:30 – 8:15 pm	Dojo 1
*Advanced & B.B.C. Beginners Weapons	2nd, 3rd, 4th Thursday of the Mth	7:30 – 8:15 pm	

SPECIALTY CLASSES

TAI CHI, JU-JITSU, SELF-DEFENSE CLASSES

TAI CHI - mind and body	TBA	TBA	Dojo 1
SELF-DEFENSE, JU-JITSU	Last Thu. of every Month	6:00 - 7:30 pm	Dojo 1

TESTING

All Belt Ranks	3rd Week of the Month	In Class	Dojo 1 & 2
Black Belt Testing	Jun. Nov. Apr. Clinics & Camps	Date & Time TBA	Dojo 1

All students are required to attend 1-3 classes per week.
Students in the Black Belt Club may attend Unlimited classes per week, plus appropriate special club classes.